





## THE LIST

www.deantoriumi.com; surgical fees start at \$6,000. Rhinoplasty is the most difficult plastic surgery, and Toriumi loves the challenge. "Secondary rhinoplasty is unusual in that when you open the nose up, you have absolutely no idea what you're going to find," he says. Toriumi, a facial plastic surgeon at the University of Illinois at Chicago, is known for his natural-looking bridges and tips and exacting reconstructions.

**Dr. Mark Constantian,** 19 Tyler Street, Suite 302, Memorial Medical Building, Nashua, N.H. 03060; (603)880-7700; www.drconstantian.com; surgical fees start at \$7,800. Constantian takes the tough cases — scarred tips, bumpy bridges, breathing difficulties and worse — and rebuilds the underlying structure. Unlike many of his colleagues, Constantian performs only "closed" surgeries through the lining so that he can see the surface of the nose as he works.

**Dr. Jack Gunter,** Center of Excellence for Cosmetic Surgery, 8144 Walnut Hill Lane, Suite 170, Dallas, Tex. 75231; (214)369-8123; www.drjackgunter.com; surgical fees start at \$10,000. Gunter is a pioneer in the field of secondary rhinoplasty, credited with advancing grafting techniques. Dallas's Dr. Nose performs "open" operations — wherein a small incision is made across the skin that separates the nostrils and the skin of the tip is lifted — because they allow direct vision of the area. He counsels patients to expect improvement, not perfection.

### EYELID LIFTS

**Dr. Glenn W. Jelks,** 875 Park Avenue, New York, N.Y. 10021; (212)988-3303; www.jelksmedical.com; surgical fees for lower lids and upper lids each start at \$3,500. Considered New York's premier eyelid expert, Jelks has done some 5,000 blepharoplasties. His "no touch" lower-lid technique, where the muscles are tightened and repositioned but not cut, causes fewer complications, he believes. Jelks is board-certified in both plastic surgery and ophthalmology.

**Dr. Steven Fagien,** 660 Glades Road, Suite 210, Boca Raton, Fla. 33431; (561)393-9898; surgical fees for lower lids start at \$4,000; for upper lids, \$3,500. Everyone

told Fagien he couldn't survive on eyelids alone. He proved them wrong. This aesthetic oculoplastic surgeon achieves natural results by contouring fat on the inside of the lower lid and tightening the underlying hammock of muscles. He takes a conservative approach with the upper lids as well, preserving the muscle and excising skin.

**Dr. Clinton McCord,** 3200 Downwood Circle, Atlanta, Ga. 30327; (404)351-0051; www.pacesplasticsurgery.com; surgical fees for lower lids start at \$3,500; upper lids start at \$3,000. McCord has done thousands of eyelid operations, written four textbooks about oculoplastic surgery and co-edited a fifth, making him one of the nation's top eye guys. Almost a third of his practice is devoted to eyelid revisions, including fixing the dreaded basset-hound look. His office has popularized a midface-cheek lift via a lower-lid incision, which he believes provides maximum rejuvenation.

### BETTER BREAST IMPLANTS

**Dr. Mark Sultan,** 1100 Park Avenue, New York, N.Y. 10128; (212)360-0700; surgical fees start at \$6,000, not including the cost of the implants. Sultan's augmentations are impressive, but it's his exacting breast reconstructions and congenital-asymmetry corrections that are remarkable. Half of Sultan's practice is devoted to facial procedures, and he is the chief of plastic and reconstructive surgery for Beth Israel Continuum Health Partners.

**Dr. Laurie A. Casas,** 2050 Pflingsten Road, Suite 270, Glenview, Ill. 60026; (847)657-7550; www.surgery.org; surgical fees start at \$4,500, not including the cost of the implants. Casas asks her patients to do due diligence: each buys a bra and stuffs it with silicone inserts or rice until she finds the size she likes. Casas favors a wellness approach with pre-op physicals and extensive post-op care, including manual lymphatic drainage to lessen the chances of capsular contracture (excessive shrinking of the scar tissue around the implant).

**Dr. Dennis C. Hammond,** Center for Breast and Body Contouring, 4070 Lake Drive, Suite 202, Grand Rapids, Mich. 49546; (616)464-4420;

www.dennischammond.com; surgical fees start at \$3,000, not including the cost of the implants. Getting zeppelin-size implants is not an option in Hammond's practice. He prefers a full but credible look, and his average patient is a 35-year-old mother of two. Hammond can usually offer his patients the new anatomically correct cohesive silicone implants, which he is studying for the F.D.A. and implant manufacturers.

**Dr. Patrick Maxwell,** 2021 Church Street, Plaza II, Suite 806, Nashville, Tenn. 37203; (615)284-8200; surgical fees start at \$4,000, excluding the cost of the implants. Thanks to Maxwell, who helped develop Inamed's Bio-Dimensional Cohesive Gel 410 Matrix (not yet F.D.A.-approved), patients have hundreds of shape and projection options. Maxwell is one of about 50 breast surgeons in the country using the 410 as part of a clinical trial. More than half of his surgical practice is devoted to revisions.

### TUMMY TIGHTENING

**Dr. Dennis Gross,** 105 East 37th Street, New York, N.Y. 10016; (212)725-4555; www.mdskinicare.com; \$750 a treatment. The Titan laser, which stimulates collagen production, is the next best thing to a tummy tuck. Three to four sessions produce permanent tightening effects, though annual touch-ups are usually needed. Gross also uses the Titan on the neck.

### LIPOSUCTION

**Dr. Gerald H. Pitman,** 170 East 73rd Street, New York, N.Y. 10021; (212)517-2600; www.drpitman.com; surgical fees start at \$5,000. A global authority on liposuction, Pitman has spearheaded new techniques, improved the safety of procedures, tested the latest technology and published a textbook. He uses a power-assisted liposuction device and prides himself on having



"consistent, symmetric beautiful results." Calves and ankles, notoriously difficult to sculpture, are one of his specialties.

**Dr. Mark Jewell,** 630 East 13th Avenue, Eugene, Ore. 97401; (541)683-3234; www.markjewellmd.com; surgical fees start at \$3,000. Jewell helped develop the Vaser, which uses ultrasonic energy to emulsify fat and is said to cause less pain and bruising. He also vacuums excess fat from the breasts, performing a type of reduction.

**Dr. David Stoker** at Marina Plastic Surgery Associates, 4644 Lincoln Boulevard, Suite 552, Marina del Rey, Calif. 90292; (310)827-2653; www.marinaplasticsurgery.com; surgical fees start at \$6,000. It's not "Extreme Makeover," but close. One of Stoker's most popular combos is the "mommy makeover," a breast lift, tummy tuck and power-assisted lipo.

### INJECTABLES

**Dr. Lisa Donofrio** at the Savin Center, 134 Park Street, New Haven, Conn. 06511; (203)865-6143; www.savincenter.com; fat transfers start at \$3,500; prices for other injectables depend on the amount used. Fat is Donofrio's No. 1 filler, and she even has a cannula named after her. She has performed some 5,000 transfers and often works with plastic surgeons, injecting fat to soften face-lifts.

**Dr. Suzan Obagi** at UPMC Cosmetic Surgery and Skin Health Center, Blaymore II, Suite 103, 1603 Carmody Court, Sewickley, Pa. 15143; (724)940-7546; www.upmc.edu/dermatology; fat transfers are about \$2,500 each; prices for other injectables depend on amount used. Obagi uses fillers from Sculptra to Radiesse, but her favorite is the patient's own fat. She injects it to correct dark circles under the eyes, soften too-tight face-lifts and rejuvenate aging hands, among other purposes.

**Dr. Karyn Grossman,** 1301 20th Street, Suite 350, Santa Monica, Calif. 90404; (310)998-0040; 154 East 85th Street, New York, N.Y. 10028; (212)879-9504; www.grossmandermatology.com; initial fat transfers start at \$4,500; subsequent visits are \$400 each; prices for other injectables depend on the amount used. Grossman devised a "baby Botox" dosage, ideal for actresses who want to look youthful but still expressive. She uses a variety of fillers, including fat, which she injects everywhere from the hands to the vermilion border of the lips.

## 4. Hair

### BLONDING

**Marie Robinson** at Sally Hershberger Downtown, 423-425 West 14th Street, Second Floor, New York, N.Y. 10014; (212)206-8700; single processes start at \$150; highlights, at \$225. The low-key Robinson is loath to name-drop,